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"Better Baby Food" is a complete guide that takes the guesswork out of feeding children from birth to 24 months. Developed with the Hospital for Sick Children, this book provides the most up-to-date advice available, with easy-to-read information about every aspect of feeding young children.

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Now, with Better Baby Food, ... She has co-authored several books on nutrition, including The Hospital for Sick Children's Better Food for Kids and Better Baby Food, which won The International Cookbook Revue Award (2001). More about Daina Kalnins. Books by Daina Kalnins.

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Better baby food (Book, 2001) [WorldCat.org]

The Better Baby Book Dr. Lana Asprey specializes in fertility, pregnancy, and children's health coaching. She is a Karolinska Institute-trained MD and mother of two lovely children.

The Better Baby Blog

your baby can see it. Then put some food on his lips. Put food in his mouth only if he opens it. If your baby does not swallow the food, he may not be ready for solid food yet. Wait a few days and try again. If your baby does not like a new food at first, try it again another day. He may need to try a new food many times before he likes it.

BSRC feeding baby EN rev2013 - Best Start

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