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An athletic trainer is a certified and licensed health care professional who practices in the field of sports medicine. Athletic training has been recognized by the American Medical Association (AMA) as an allied health care profession since 1990.. As defined by the Strategic Implementation Team of the National Athletic Trainers' Association (NATA) in August 2007:

Athletic trainer - Wikipedia

Massage is to work and act on the body with pressure. Massage techniques are commonly applied with hands, fingers, elbows, knees, forearms, feet, or a device. The purpose of massage is generally for the treatment of body stress or pain.

Massage - Wikipedia

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CEC Workshops | BODY BLUEPRINT

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– Muscle Imbalances Revealed has Undoubtedly Filled the Gap I Had. • – There is a wealth of information on treating injuries in my area from the medical field, as well as rehabilitation care from the physical therapist.

Muscle Imbalances Revealed:

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Physical Health and The Human Body - Basic Knowledge 101

Associations Zero Foot Print Links : Glossary of Massage Therapy Terms. Here are some terms you may encounter while looking for a therapist. On this page there are three ways in which you can search our glossary.. use the alphabetical search option (below).

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