

plant medicine in practice pdf

Herbalism (also herbal medicine) is the study of botany and use of plants intended for medicinal purposes. Plants have been the basis for medical treatments through much of human history, and such traditional medicine is still widely practiced today. Modern medicine makes use of many plant-derived compounds as the basis for evidence-based pharmaceutical drugs.

Herbalism - Wikipedia

Medicine is the science and practice of the diagnosis, treatment, and prevention of disease. Medicine encompasses a variety of health care practices evolved to maintain and restore health by the prevention and treatment of illness. Contemporary medicine applies biomedical sciences, biomedical research, genetics, and medical technology to diagnose, treat, and prevent injury and disease, typically ...

Medicine - Wikipedia

BASIC PRINCIPLES. Acupuncture is the practice that most often comes to mind when thinking of Chinese medicine, but TCM represents a much broader system of medicine that includes herbs, massage, diet and exercise therapy.

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