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The Gifts of Imperfection by Admin · Published February 12, 2018 · Updated February 12, 2018 BOOK DESCRIPTION: In The Gifts of Imperfection, Brené Brown, a leading expert on shame, authenticity, and belonging, shares ten guideposts on the power of Wholehearted living—a way of engaging with the world from a place of worthiness.

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In *The Gifts of Imperfection*, Bren Brown, Ph.D., a leading expert on shame, authenticity and belonging, shares what she's learned from a decade of research on the power of Wholehearted Living? a way of engaging with the world from a place of worthiness.

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