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Swami Venkatesananda - The Supreme Yoga

Swami Venkatesananda - The Supreme Yoga

The Yoga-Vasishtha is a popular text on Advaita Vedanta, Puranic in form and philosophical in content. It is also known by other names like Arsa Ramayana, Jnana Vasistha, Maha Ramayana, Vasistha Ramayana and Vasistha and is ascribed to sage Valmiki himself.

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Yoga Vasistha - Wikipedia

The Brihat (the Great) Yoga Vasistha or Yoga Vasistha Maha Ramayana as it is also called, is a work of about 32,000 Sanskrit couplets, traditionally attributed to Valmiki, the author of Srimad Ramayana.

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